

Yoga Retreat -- Costa Rica!

with Adam Marcus



Please join me for a retreat at this amazing property in beautiful Costa Rica on **Saturday, April 21, to Saturday, April 28.**

Yes, that's 7 nights and 8 days of Yoga, Sun and Sand!

This trip will be limited to 16 participants. Based on initial response I fully expect this to sell out, so if you are interested please act early by contacting me at adam@experienceenso.com

Imagine eating healthy gourmet food prepared fresh daily by a private chef, practicing yoga twice a day (one sweaty and one restorative), meditating with the rising sun, relaxing by a private infinity pool with the view of the ocean, taking walks along a quiet beach, watching monkeys play, and having dharma and philosophical discussions about the meaning of life.

Cost:

Double Occupancy bedroom - \$1,950 (Per person)

Triple Occupancy bedroom – \$1,550 (Per person)

****Bedrooms** (7 total available):**

Bedroom 1 - 1 king, Full bath, 2 Balconies

Bedroom 2 - 2 queen , En-Suite Bathroom

Bedroom 3 - 2 queen , En-Suite Bathroom

Bedroom 4 - 2 queen , En-Suite Bathroom

Bedroom 5 - 2 queen , En-Suite Bathroom

Bedroom 6 – Self-sustained apartment - 1 king, Full bath and Kitchenette

Bedroom 7- Self-sustained apartment - 1 king, Full bath and Kitchenette

Included:

- beautiful oceanfront accommodations
- breakfast and dinner each day
- all non-alcoholic beverages
- twice daily yoga and meditation
- all the amenities the house has to offer including a private concierge to help you with any excursions you wish to take

Not Included:

- airfare
- transportation (2.5 hours from San Jose Airport)
- *(Information provided by the house owner indicates that the house is a 20-minute flight in www.flysansa.com from SJO to Quepos, which is normally approximately \$65 - \$100 per person each way. Alternatively, it is a 2.5-hour private van ride, with a cost of approximately \$50 per person each way.)*

To Book:

- (1) Email me adam@experienceenso.com what type of room accommodation you are looking for and how many in your travel group.
- (2) Once confirmed, a \$500 deposit is required per person to secure your reservation.
- (3) Balance of payment due 60 days prior to departure (February 21, 2018).

CHECK OUT THESE AMAZING PHOTOS BELOW!

(At the end of the photos I listed some information about the house and the area provided by owner)







Vista Hermosa Estate is a **brand new Estate** that just completed construction and has taken center stage as one of the most unique and architecturally significant homes in the Manuel Antonio Community with access to the beautiful Manuel Antonio beach of Playa Espadilla.

This magnificent estate overlooking Playa Espadilla, with a Private Chef, is built in a setting of forest trees and palms encompassed by natural Costa Rican vegetation. The expansive 11,000 SQ/FT, fully air-conditioned Villa, sleeps up to 24 guests and houses 8 bedrooms, 10 restrooms, under a stunning 4 story estate with a unique floor plan that embodies Costa Rica elegance. The Tropical – Contemporary inspired design provides for a clean and expansive top floor social area that includes an infinity edge swimming pool, kitchen, living room and event area and takes full advantage of outdoor lifestyle living and breathtaking ocean views from every room while also surrounded by a tropical jungle that attracts three types of monkeys, sloths, and toucans amongst other wildlife. Yes, every room including all Bedrooms, Living Room, Kitchen, Dining Room, Secondary Family Room, and Yoga Area have stunning ocean views.

Outside, the great open patio offers a 180-degree jungle to ocean view, poolside terrace, BBQ grill/bar area and a sun deck for you sun worshipers. This spacious outdoor area, large enough for any big family or event of your choice, makes this top floor terrace perfect for destination weddings, retreats and any other event overlooking the Pacific Ocean as your backdrop to any magical portrait.

The Villa's location is on the road to Arenas Del Mar Resort (one of our only 5 star Eco Hotels) with almost an acre of premium ocean view land in Manuel Antonio overlooking Manuel Antonio's main beach, Playa Espadilla. Vista Hermosa is that rare property that embodies the essence of beach luxury. Every custom detail makes our Villa a unique and matchless Pura Vida style for family and friends to enjoy. The Villa is constructed on the side of a hill facing the ocean. Even though it's a 4-story house, you only have to climb 1 & ½ flight of stairs from the parking lot and front door to reach the top floor.

Beaches This Wonderful Villa is close to 3 stunning beaches. The first beach is a short 7-minute walk, through the lush tropical jungle to the famous Manuel Antonio main beach known as Playa Espadilla recognized as one of the top rated beaches in the world. The second beach is Playa Biesanz, a slightly longer walk with a romantic, picturesque setting with tiny gentle waves that are perfect for toddlers and small kids, also a great beach for kayaking and snorkeling. Or, Vista Hermosa is the only Villa with a special relationship with Arenas Del Mar in which you can utilize their beautiful beach with an attractive 20% discount on all food and beverages – so have a few cocktails and enjoy their beautiful private beach. They will also pick you up at the Villa. Additionally, walking to restaurants, bars and shopping only takes approx. 20 minutes, or a couple minute taxi ride as taxis are as abundant as New York City. While walking to restaurants, bars and shopping only take 20 minutes; it is not recommended for large groups because the absence of sidewalks.

Manuel Antonio Where the jungle meets the sea is a region best known for its gorgeous sand beaches, world famous Manuel Antonio National Park, several multi-cultural restaurants and abundant wildlife. Located 3 miles south of the New Quepos Yacht Marina, known as a world-class sport fishing destination and home of the annual Offshore World Championship Tournament. The Manuel Antonio beach community is a perfect combination of quiet, peaceful serenity with a small town feel and admiring a rain forest jungle environment.